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BE THE STANDARD
FAST. PHYSICAL. DISCIPLINE.
1-0 MENTALITY





MISSION

**BUILD THE FOUNDATION OF YOUNG MEN
THROUGH FAITH, DISCIPLINE, AND HARD WORK
TO CREATE CHAMPIONS ON AND OFF THE FIELD**





VISION

**HAVE A 1-0 MENTALITY IN EVERYTHING WE DO
WHILE BEING THE MOST FAST, PHYSICAL, AND
DISCIPLINED TEAM TO WIN A METRO
CHAMPIONSHIP.**





COACHING STAFF



HEAD COACHES:

JORDAN LONG - JORDAN.LONG@ACSBOE.ORG

- 8TH GRADE HEAD FOOTBALL COACH
- DIRECTOR OF MIDDLE SCHOOL FOOTBALL

ALONZO BARRETT - ALONZO.BARRETT@ACSBOE.ORG

- 7TH GRADE HEAD FOOTBALL COACH





8TH GRADE COACHING STAFF

COACHES:

JORDAN LONG - HEAD COACH/QB'S

AUSTIN BARNHILL - DEFENSIVE COORDINATOR/LB'S

JESSE WEBB - OFFENSIVE COORDINATOR/WR'S

JAMICHAEL HALL - DEFENSIVE BACKS

MATT DOLLAR - DEFENSIVE LINE

JOHN PATE - RUNNING BACKS

GREG ROBERTSON - OFFENSIVE LINE

CLAES JETZEL - KICKING COACH (BOTH TEAMS)

JEREMY WILLIAMS - STRENGTH + CONDITIONING (BOTH TEAMS)





7TH GRADE COACHING STAFF

COACHES:

ALONZO BARRETT - HEAD COACH

LUKE MOORE - DEFENSIVE COORDINATOR/LB'S

ROBERT MCKENNA - CO-OFFENSIVE COORDINATOR/RB'S

BRANDON BYARS - CO-OFFENSIVE COORDINATOR/WR'S, QB'S

JAMES BARNES - DEFENSIVE LINE

STEPHEN BULGER - OFFENSIVE LINE

JEREMY WILLIAMS - DB'S / STRENGTH + CONDITIONING (BOTH TEAMS)

CLAES JETZEL - KICKING COACH (BOTH TEAMS)





ATHLETIC TRAINING STAFF

ISABELLA CONRAD - **ISABELLA.CONRAD@ACSBOE.ORG**

- **ATHLETIC TRAINER + ASSISTANT ATHLETIC DIRECTOR**

CHELSEA ACTON - **CHELSEA.ACTON@ACSBOE.ORG**

- **ATHLETIC TRAINER**

**ALL INJURIES NEED TO GO THROUGH OUR ATHLETIC TRAINERS FIRST,
GREAT CONNECTIONS WITH OUR TEAM OF DOCTORS**





STAFF CONT.

MICAH ROBERSON - MICAH.ROBERSON@ACSBOE.ORG

- ATHLETIC DIRECTOR

BRITTNEY ROBERSON - BRITTNEY.ROBERSON@ACSBOE.ORG

- OFF THE FIELD ASSISTANT TO HEAD COACH





EXPECTATIONS

BE THE STANDARD.. WHAT IS THE STANDARD?

- WE ARE A MIDDLE SCHOOL FOOTBALL PROGRAM THAT FEEDS INTO A 4-PEAT STATE CHAMPIONSHIP HIGH SCHOOL. WE WILL NOT SETTLE FOR ANYTHING LESS THAN CHAMPIONSHIP EFFORT DAY IN AND DAY OUT.
- BEING THE STANDARD INCLUDES HOLDING UP THAT STANDARD OFF THE FIELD (TREAT PARENTS, ADULTS, + PEERS, GRADES, TAKING CARE OF FACILITIES).





EXPECTATIONS CONT.

1-0 MENTALITY.. WHAT DOES IT MEAN?

- 1-0 IN **EVERYTHING** WE DO..
- INCLUDES: ACADEMICS, ATTITUDE, EFFORT, HUSTLE, HOW WE PRACTICE, BEING ON TIME, HOW WE TREAT PEOPLE, BEHAVIOR INSIDE AND OUTSIDE OF SCHOOL, HOW WE HANDLE ADVERSITY, ETC.
- THIS MENTALITY ALLOWS US TO BE WHERE OUR FEET ARE AND DOESN'T ALLOW US TO WORRY ABOUT THE PAST OR FUTURE. HOW CAN I WIN WHERE I AM RIGHT NOW? COMPETE.





PRACTICE

WE DO NOT MISS PRACTICE. IT IS MANDATORY.

- YOU HURT THE TEAM IF YOU MISS PRACTICE.
- AN EXCUSED ABSENCE IS IF A PARENT/GUARDIAN HAS NOTIFIED THE COACHES AHEAD OF TIME THAT YOUR CHILD WILL MISS PRACTICE.
- EXCUSED ABSENCES INCLUDE: FAMILY EMERGENCIES, SCHOOL EVENT, ILLNESS (NURSE).
- UNEXCUSED ABSENCES INCLUDE: FORGETTING GEAR, GOING HOME FOR GRADES, ASD, EXCUSES AFTER THE FACT





GRADES + PLAYING TIME

- GRADES WILL BE CHECKED WEEKLY THROUGHOUT THE SEASON
 - **GRADES COME FIRST.** PART OF BEING A STUDENT-ATHLETE IS HOW YOU MANAGE YOUR TIME.
 - WE HAVE A TON OF RESOURCES AT THE SCHOOL TO GET HELP IN ACADEMICS AREAS IF NEEDED.
- **PLAYING TIME** IS DECIDED BY COACHES. OUR GOAL IS TO PUT OUR ATHLETES IN THE BEST POSITION FOR THE TEAM TO BE SUCCESSFUL. THIS IS NOT YOUTH BALL.





PARENT COMMUNICATION

- OPEN DOOR POLICY
- EVERYTHING GOES THROUGH THE HEAD COACHES
- NO PARENTS ALLOWED ON THE PRACTICE OR GAME FIELD, OR IN THE FIELD HOUSE WITHOUT PERMISSION
- NO COACHING FROM THE FENCE DURING PRACTICES OR GAMES





DRAGONFLY + REMIND 101

- PLEASE BE SURE ALL PAPERWORK IS COMPLETED ON DRAGONFLY OR ELSE YOUR ATHLETE WILL NOT BE ELIGIBLE TO PLAY THIS FALL.
- MAJORITY OF COMMUNICATION WILL BE THROUGH REMIND 101, YOU MAY ALSO REACH US BY EMAIL.
- PLEASE SEE MICAH OR BRITTNEY ROBERSON ABOUT BOTH THE ABOVE ITEMS IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT EITHER OF THESE.

